

# Liver Saver

(Hypoallergenic)



Item # 74940

120 Tablets

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## The Possible Benefits of Liver Saver, a Dietary Supplement

- Provides hepatoprotective activity\*
- Supports the body's normal ability to regenerate liver cells\*
- May help maintain normal bodily functioning during times of oxidative stress\*

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## Description

Liver Saver contains a proprietary blend of herbs that provide a broad range of support for liver health.\* Clinicians have used this formula for several decades as a purifying, protective and nutritive support for liver function.\* It may also be helpful in situations involving oxidative stress.\*

**Thatch screwpine** (*Pandanus tectorius*) is found in Hawaii and throughout the archipelagoes of Micronesia. Thatch screwpine is dioecious: each individual plant has either only female flowers or only male flowers. The female plants are termed *Pandanus tectorius* while the males are *Pandanus odoratissimus*, so the two apparent species are in reality one. The plant has many traditional uses: the leaves are woven into mats, sails and baskets, the tips of the aerial roots are used in traditional medicine, and the flowers are used to make Monoi oil.\*

The fruit of thatch screwpine has traditionally been used as both food and medicine.\* Traditional healers have used it to help reduce alcohol craving and help protect the liver.\* The fruit is used in both Philippine and Samoan traditional cultures for digestive system health, as well as other things.\* Thatch screwpine is also used in the Ayurvedic tradition, where it is

called ketaki. The fruit contains tannins, alkaloids, glycosides, and essential oils, which contain acetates, cinnamates and other compounds.

**Patrinia** (*Patrinia villosa*) is a blood purifying agent, used in traditional Chinese medicine (TCM) to stimulate circulation and help calm and relax the liver energy.\* Its action is considered specifically hepatic.\* Patrinia has traditionally been used for vitalizing blood congealed by heat, and for clearing toxic heat.\* It has been shown to potentially support the body in the regeneration of liver cells.\*

**Eclipta** (*Eclipta alba*) is traditionally eaten as a cooked vegetable in East Asia. The leaf extract is considered to be a powerful liver tonic and rejuvenative, and especially good for the hair.\* The leaves are used in Ayurvedic medicine and TCM to cool and restore the mind, nerves, liver, and eyes.\* In the ancient medical text Xinxu Bencao, eclipta is said to nourish yin and tonify the kidneys, and to cool the blood and stop bleeding.\* Eclipta is considered a primary liver herb in Ayurveda, where it is called Bhringaraja, Kesharaja or Kesharanjana, and in Arabian medicine, where it is known as Kadim-el-bint. Modern clinicians report that eclipta may be

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beneficially included for liver support, and to assist liver regeneration.\* Rat studies have shown that eclipa helps protect liver cells from carbon tetrachloride and from the Amanita mushroom toxin, phalloidin.\* Eclipa demonstrated in vivo neutralization of myotoxicity of snake venoms and myotoxins.\* In a study with mice, eclipa increased conversion of lymphocytes, raised serum IgG levels, and increased thymus and spleen weights.\* It has been observed to support sleep and normal

memory function.\* Eclipa also has been shown to potentially support normal levels of histamine release.\* Wedelolactone, a coumestan, is the major active ingredient. Wedelolactone promotes aggressive scavenging of oxygen free radicals, selectively inhibiting inflammatory chemicals such as 5-lipoxygenase.\* Other active ingredients include dimethyl-wedelolactone, stigmaterol,  $\beta$ -sitosterol, ascorbic acid, eclipal, the alkaloid eclipine, and thiophene acetylenes.

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Serving Size: 4 Tablets

Servings Per Container: 30

**Amount Per Serving:**

Proprietary blend

2000 mg

Thatch screwpine (*Pandanus tectorius*) (Fruit) Extract

Patrinia *Patrinia villosa* (Leaves) Extract

Eclipa (*Eclipa alba* (Leaves) Extract

Other ingredients: Rice starch

**Suggested Use:** As a dietary supplement, 4 tablets two times daily on an empty stomach 30 minutes before meals, or as directed by a healthcare practitioner.

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**References**

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**Allergy Research Group®**

2300 North Loop Road, Alameda, CA 94502

Phone: 800-545-9960 or 510-263-2000

Fax: 800-688-7426 or 510-263-2100

www.AllergyResearchGroup.com

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