

Vitamin C



Buffered Vitamin C #70000, 240 Grams
Buffered Vitamin C #74270 (Cassava), 300 Grams
Buffered Vitamin C #70010, 120 Capsules
Buffered Vitamin C #75010 (Cassava), 120 Capsules
Esterol Calcium Ascorbate #70070, 100 Capsules
Esterol Calcium Ascorbate #70080, 200 Capsules

Pure Vitamin C #70020, 120 Grams
Pure Vitamin C #75020 (Cassava), 120 Grams
Pure Vitamin C #70030, 100 Capsules
Pure Vitamin C #75030 (Cassava), 100 Capsules
Magnesium Ascorbate #70090, 100 Capsules

The Possible Benefits of Vitamin C, a Dietary Supplement

- Supports a wide variety of biochemical reactions throughout the body, including synthesis of collagen, detoxification, and immune system functions*
- Helps to protect several other nutrients*
- Buffered form provides significant levels of macrominerals calcium and magnesium, and can enhance alkalization*

Description

Vitamin C is the most important water-soluble antioxidant nutrient and is involved in a wide variety of biochemical reactions throughout the body. The human body cannot manufacture vitamin C, as do most other mammals, so we must rely on food or nutritional supplements. Vitamin C is stored in tissues throughout the body, and is especially concentrated in the adrenal glands, where it is crucial for the production of adrenal hormones involved in responding to stress.* The body uses vitamin C in immune system functions including white blood cell production, histamine release and degradation, the reduction of glutathione, and the metabolism and protection of several other nutrients.* Vitamin C is involved in detoxifying heavy metals such as lead, cadmium, mercury and nickel.* It is involved in the production of collagen and elastin, important connective tissue proteins.* Vitamin C may also support HDL cholesterol within normal levels, and bone mineral density.*

Allergy Research Group® has pioneered the development of buffered vitamin C products, and continues to offer the purest and least allergenic vitamin C products available. In addition to its hefty content of ascorbic acid, our buffered vitamin C also supplies the macrominerals calcium and magnesium at approximately one half the RDI per heaping teaspoon,

which may make it desirable for individuals who do not regularly consume dairy products.*

We also offer our Buffered Vitamin C line from a unique cassava root (of the potato family) source, available in both powder and capsules. Cassava, or *Manihot esculenta*, is a bushy South American shrub with long tuberous roots, which are traditionally eaten like potatoes. Cassava root starch is the starting material for a multi-step chemical process of manufacturing ascorbic acid. It is well tolerated by individuals unable to tolerate other sources of vitamin C.*

Both the corn and cassava root sources are formulated with carbonates of calcium and magnesium, giving an acid-alkaline buffering action (pH 7.0 in water), potentially improving bowel tolerance and minimizing hyperacidity.*

Allergy Research Group® Buffered Vitamin C has been used clinically for offsetting acute hypersensitivity reactions and the addictive craving for foods, cigarettes and other withdrawal states from stimulants and alcohol.* A study at the Haight-Ashbury Free Clinic in San Francisco demonstrated that Buffered Vitamin C could offset and reduce withdrawal symptoms for stimulants and opiates by 90% in outpatients, who took a teaspoon of Buffered Vitamin C whenever they felt a craving.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Buffered C Powder Corn Source #70000, Cassava Source #74270

Serving Size: 1 teaspoon (4.7 g)

Servings Per Container: 51 #70000, 63 #74270

Amount Per Serving:

Vitamin C (as Ascorbic Acid)	2135 mg
Calcium (as Calcium Carbonate)	405 mg
Magnesium (as Magnesium Carbonate)	215 mg
Potassium (as Potassium Carbonate)	90 mg

Buffered C Vegetarian Capsules Corn Source #70010, Cassava Source #75010

Serving Size: 4 Vegetarian Capsules

Servings Per Container: 30

Amount Per Serving:

Vitamin C (as Ascorbic Acid)	2000 mg
Calcium (as Calcium Carbonate)	380 mg
Magnesium (as Magnesium Carbonate)	208 mg

Pure Vitamin C Powder Corn Source #70020, Cassava Source #75020

Serving Size: 1/2 teaspoon

Servings Per Container: 60

Amount Per Serving:

Vitamin C (as Ascorbic Acid)	2000 mg
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Pure Vitamin C Vegetarian Capsules Corn Source #70030, Cassava Source #75030

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 50

Amount Per Serving:

Vitamin C (as Ascorbic Acid)	2000 mg
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Esterol Vegetarian Capsules #70070, #70080

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 50 #70070, 100 #70080

Amount Per Serving:

Vitamin C (as Calcium Ascorbate)	1350 mg
Calcium (as Calcium Ascorbate)	150 mg
Rutin	100 mg
Quercetin	50 mg
Proanthocyanidins	5 mg

Magnesium Ascorbate Vegetarian Capsules #70090

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 50

Amount Per Serving:

Vitamin C (as Magnesium Ascorbate)	1000 mg
Magnesium (as Magnesium Ascorbate)	70 mg



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