Magnolia Extract

Honokiol + Magnolol 90%

SPECIALITY PRODUCTS

Magnolia extract has been used in both the Japanese and Chinese traditions for several thousand years. In Traditional Chinese Medicine (TCM), magnolia is called Hou Po; in Japan it is used in the Kampo preparation Hange koboku-to, as well as others. While traditional herbal preparations utilize whole magnolia bark extract, modern research has identified two biphenolic compounds, honokiol and its structural isomer magnolol, as the primary active compounds in magnolia bark. Both naturally occur together in the magnolia plant, and the only difference between the two isomers is the position of one hydroxyl group. Magnolia also contains other active ingredients, including eudesmol, a triterpene compound with antioxidant properties.*

#76390
120 capsules

Key Features

- High concentration of active ingredients Honokiol and Magnolol
- May support calm moods, nerve function, and immune function*

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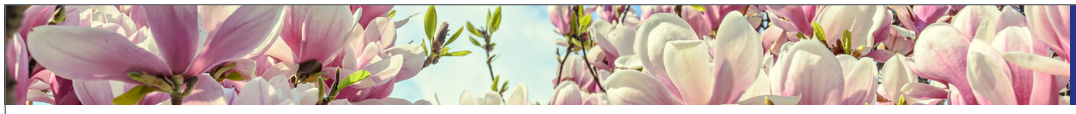

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SPECIALITY PRODUCTS

In research, honokiol has shown potential to selectively modulate GABA receptors, and protect and support nerve function (Fukuyama 2002; Maruyama 2001; Maruyama 1998; Kuribara 1998;), and support healthy circulation parameters (Hu 2005; Teng 1988).* Honokiol may also exhibit some immune-supportive properties (Shigemura 2007; Ishitsuka 2005; Battle 2005; Bai 2003; Amblard 2006; Taira 1993; Clark 1981; Chang 1994; Hirano 1994; Wang 2004; Hibasami 1998; Konoshima 1991; Yang 2002).*

The following discussion looks at the traditional use of the herb in this formula. It is provided as background material, and it should not be assumed that any of this information necessarily applies to the product Magnolia Extract.

TCM considers Hou Po magnolia bark to be aromatic, pungent, and warming, and has used it for thousands of years as support for healthy digestion.* It has been used for "chi stagnation", to help combat the effects of stress, and to support calm, healthy moods.* This may be explained through magnolia's potential support of cortisol within normal levels.* Plants for a Future (www.pfaf.org/user/Plant.aspx?LatinName=Magnolia%20officinalis) cites a number of texts that indicate the bark of *Magnolia officinalis* was traditionally considered to be antiseptic, antispasmodic, aphrodisiac, appetizer, diuretic, expectorant, stomachic, tonic, and possibly bactericidal.

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	120
Amount Per Serving	**% Daily Value**
Magnolia (Bark) Extract (90% Honokiol + Magnolol) 200 mg	†

† Daily Value not established.

Other ingredients: Hxdroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, L-leucine.

Suggested Use: As a dietary supplement, 1 capsule daily, or as directed by a healthcare practitioner.

Warning: May cause drowsiness. Do not operate a motor vehicle or other machinery after ingesting. Not recommended during pregnancy.

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