



Serotonin

Neurotransmitter Support*

Serotonin™ is a patented nutritional formula designed to enhance healthy moods and sound sleep.* Serotonin contains a combination of nutrients formulated to support a balance of two key brain neurotransmitters, norepinephrine and serotonin.*

Key Features

- Provides nutritional support for key neurotransmitters*
- May enhance healthy moods and sound sleep*



SKU #76020
90 vegetarian capsules

Seratonin

The formula for Seratonin emerged from the work of John Allocca, Sc.D, Ph.D., a medical research scientist who developed the first migraine brain chemistry model in 1997. In this model, a key role is played by low serotonin levels.

For best results when using Seratonin, avoid eating foods containing tyramine (aged cheese, over-ripe fruit, red wine, etc.), processed foods and sugar.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (as Calcium Ascorbate)	140 mg	156%
Niacin (as Inositol Hexanicotinate and Chromium Nicotinate)	81 mgNE	506%
Folate (as 400 mcg 5-Methyltetrahydrofolate (from 740 mcg [6S]-5-methyltetrahydrofolate acid, glucosamine salt))	667 mcgDFE	167%
Calcium (as Calcium Ascorbate)	17 mg	1%
Magnesium (as Magnesium Citrate)	162 mg	39%
Zinc (as Zinc Citrate)	15 mg	136%
Copper (as Copper Sebacate)	1 mg	111%
Chromium (as Chromium Nicotinate)	502 mcg	1434%
L-5-Hydroxytryptophan	400 mg	†
Quercetin Dihydrate	300 mg	†
Trimethylglycine Hydrochloride	100 mg	†
Alpha-Lipoic Acid	50 mg	†
Choline (as Choline Bitartrate)	35 mg	†
Vanadium (Vanadyl Sulfate)	1.4 mg	†

† Daily Value not established. * Percent Daily Value are based on a 2000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Suggested Use: As a dietary supplement, 3 capsules every morning with food. Additional capsules can be taken during the day or evening, or as directed by a healthcare practitioner. Check with your physician if you are taking anti-depressant or anti-psychotic drugs.



Quatrefolic® Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

References:

John A. Allocca, Sc.D., Ph.D., Balancing Serotonin and Norepinephrine Levels, 2007 Allocca Biotechnology, LLC, Northport NY.