



Ox Bile

Essential for Fat Digestion*

Ox Bile is derived from a bovine source and is a suitable supplement to the liver's production of bile.* Bile is naturally produced by the body and is used in the process of digestion. Symptoms of constipation and a tan colored stool may indicate that the body's production of bile is less than optimal.*

Traditional Features

- Thought to supplement the liver's production of bile*
- Bile plays a key role in the digestion of fats*
- Bile assists in the absorption of fat-soluble vitamins A, D, E, and K*



Item #76370
125 mg • 180 vegicaps



Item #70850
500 mg • 100 vegicaps

Ox Bile • 125 mg

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 180

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
| Bile (Bovine) | 125 mg † |

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Suggested Use: As a dietary supplement, 1 capsule one to three times daily with meals containing fat, or as directed by a healthcare practitioner.

Caution: Best taken with a high fat content meal. If GI distress occurs, discontinue or use a lower dose. Consult a qualified healthcare practitioner before taking higher doses or using this product long-term, or if you have a history of liver or gall bladder dysfunction.

Ox Bile • 500 mg

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
| Bile (Bovine) | 500 mg † |

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

Suggested Use: As a dietary supplement, 1 capsule one to three times daily with meals containing fat, or as directed by a healthcare practitioner.

Caution: Best taken with a high fat content meal. If GI distress occurs, discontinue or use a lower dose. Consult a qualified healthcare practitioner before taking higher doses or using this product long-term, or if you have a history of liver or gall bladder dysfunction.