

Vitamin C Products

Vitamin C is one of the most important water-soluble antioxidant nutrients and is involved in a wide variety of biochemical reactions throughout the body. Humans, unlike most other mammals, cannot manufacture vitamin C, so we must rely on food or nutritional supplements. Vitamin C is stored in tissues throughout the body, and is especially concentrated in the adrenal glands, where it is crucial for the production of adrenal hormones involved in responding to stress.* The body uses vitamin C in immune system functions including white blood cell production, histamine release and degradation, the reduction of glutathione, and the metabolism and protection of several other nutrients.* Vitamin C is involved in our body's detoxification process of common heavy metals such as lead, cadmium, mercury and nickel.* It is involved in the production of collagen and elastin, important connective tissue proteins.* Vitamin C may also support HDL cholesterol within already normal levels, and bone mineral density.*

Allergy Research Group® has pioneered the development of buffered vitamin C products, and continues to offer the purest and least allergenic vitamin C products available.

In addition to its hefty content of ascorbic acid, our buffered vitamin C also supplies the macro-minerals calcium and magnesium at approximately one half the RDI per heaping teaspoon, which may make it desirable for individuals who do not regularly consume dairy products.*

Buffered Vitamin C Powder is formulated with carbonates of calcium, magnesium, and potassium, giving an acid-alkaline buffering action (pH 7.0 in water), potentially improving bowel tolerance and minimizing hyperacidity that other forms may have.*



Item #70010
120 vegetarian capsules

Buffered Vitamin C

Supplement Facts

Serving Size	2 Capsules
Servings Per Container	60
Amount Per Serving	% Daily Value*
Vitamin C (as Ascorbic Acid)	1 g 1111%
Calcium (as Calcium Carbonate)	190 mg 15%
Magnesium (as Magnesium Carbonate)	104 mg 25%

*Percent Daily Value are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, silicon dioxide, microcrystalline cellulose, stearic acid, magnesium stearate.



Item #76770
120 mL (4 fl. oz.)

Micro Liposomal C

Supplement Facts

Serving Size	1 Teaspoon (5 mL)
Servings Per Container	24

Amount Per Serving % Daily Value

Vitamin C	
(from Sodium Ascorbate)	
1000 mg	1111%
Sodium (from Sodium Ascorbate)	
125 mg	5%

Other ingredients: Water, glycerin, ethanol, phospholipids (from purified soy lecithin), natural citrus oil, mixed tocopherols.

Contains: **Soy.**



**QUICKSILVER
DELIVERY
SYSTEMS®**

Vitamin C Products



Item #70000
240 grams (8.5 oz.)

Buffered Vitamin C Powder

Supplement Facts

Serving Size ½ Teaspoon (2.35g)
Servings Per Container 102

Amount Per Serving	% Daily Value*	
Vitamin C (as Ascorbic Acid)	1.067 g	1186%
Calcium (as Calcium Carbonate)	202 mg	16%
Magnesium (as Magnesium Carbonate)	107 mg	25%
Potassium (as Potassium Carbonate)	45 mg	1%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Microcrystalline cellulose.



Item #70030
100 vegetarian capsules

Pure Vitamin C

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	2 g	2222%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, magnesium stearate.



Item #70070
100 vegetarian capsules

Esterol Ester-C®

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50 or 100

Amount Per Serving	% Daily Value*	
Vitamin C (as Calcium Ascorbate)	1.35 g	1500%
Calcium (as Calcium Ascorbate)	150 mg	12%
Rutin	100 mg	†
Quercetin Dihydrate	50 mg	†
Grape Seed Extract (92% Proanthocyanidins)	5 mg	†

† Daily Value not established.

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.



Item #70090
100 vegetarian capsules

Magnesium Ascorbate

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Vitamin C (as Magnesium Ascorbate)	1 g	1111%
Magnesium (as Magnesium Ascorbate)	70 mg	17%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.